

“We must reawaken our collective sense of gratitude, appreciation and hospitality, helping the elderly know they are a meaningful, living part of their communities.”

Pope Francis – 2015

2.5-HOUR WEEKLY MODULES

Understanding the Aging Journey

Spirituality in Aging

Good Communication

The Power of Storytelling

Dementia

A New Home, A New Way of Life

Loss, Grief, Death & Dying

Roles, Boundaries and Self-Care

8 WEEKS • WEDNESDAYS
March 18th – May 6th, 2020
6:00 pm to 8:30 pm
Precious Blood Church Hall
200 Kenny Street, Winnipeg

PUBLIC: \$100
CHAM & IHCAM Members: \$75
Includes workbook and on-line
program development

ON-LINE REGISTRATION:
[https://joininthejourney.
eventcreate.com](https://joininthejourney.eventcreate.com)

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AN 8-WEEK TRAINING PROGRAM

Designed to help develop a deeper understanding of how to accompany older adults in every aspect of their journey, whether they are living at home or are in Long-Term Care.

WHO SHOULD PARTICIPATE

This training is beneficial for family members, staff of Seniors Care facilities, Spiritual Care volunteers, Church leaders, and others who desire to serve and care for seniors.

Medical science has brought about countless breakthroughs in the way we care for older people. But it has also led to a realization that physical and mental health are essential – but not enough. True, holistic care means understanding and supplying their spiritual needs as well.

join the journey

**BODY
MIND
SPIRIT**



SPIRITUAL CARE
SERIES



Interfaith Health Care
Association of Manitoba
Association interconfessionnelle
en soins de la santé
du Manitoba



CATHOLIC HEALTH ASSOCIATION OF MANITOBA
ASSOCIATION CATHOLIQUE MANITOBAINE DE LA SANTÉ
МАНІТОБСЬКА КАТОЛІЦЬКА АСОЦІАЦІЯ ЗДОРОВ'Я

