

# **Spirituality Grants**

We believe that spirituality can be a source of strength for residents, staff, clients, and patients, and can add hope, meaning and motivation to their lives. Spiritual Care also provides one to one support to individuals when they find it difficult to express themselves; and assistance in maintaining the ways that bring peace and joy to their lives. We were taught to love ourselves and others, comfort and heal those in need, treat human life with dignity, and act with respect and compassion toward all.

The IHCAM Spirituality Grant program is designed to help member facilities support those being served as well as spiritual health practitioners who are making a commitment to this important field of work.

Grant funding is available for spiritual work including spiritual care education, community programs and support, if the applicant meets the program criteria. These grants are open to members of the Interfaith Healthcare Association of Manitoba only. Spiritual Health Resources - Interfaith Health Care Association of Manitoba (ihcam.ca)

A grant is money given to an individual or group that is a member of IHCAM to be used for specific purpose. It does not have to be repaid.

Below are the types of programs or initiatives that qualify for a grant.

Whole Person Healthcare	Spiritual Care Advancement
Seeks to meet the whole person healthcare needs of vulnerable individuals by partnering with IHCAM member organizations serving their community.	IHCAM seeks to collaborate with its members to advance spiritual care as a core component of whole person healthcare.
Projects funded should improve the quality of care offered to each patient, client, or resident and creates initiatives that address their health issues.  Examples of this include:	Projects funded should create training opportunities to advance understanding and knowledge of spiritual care and improve the physical, mental, and social well-being of individuals.
<ul> <li>Worship service support</li> <li>Music Therapy</li> <li>Bereavement and palliative care support</li> <li>Resident focussed programming</li> <li>Spirituality based activities</li> <li>Art in healthcare</li> </ul>	<ul> <li>Examples include:         <ul> <li>Clinical Pastoral Education (currently offered at St. Boniface General Hospital, Selkirk Mental Health Center, Swan Lake)</li> <li>Chaplaincy and Spiritual Care education</li> <li>Ethics</li> <li>Workshops or conferences that support spirituality and servant leadership</li> <li>Formation opportunities</li> </ul> </li> </ul>



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### **Grant Guidelines**

Interfaith Healthcare Association of Manitoba Spirituality Grants were established to fund ideas, programs, or education that will improve the well-being of the people we serve. Proposals could come from staff or management.

The three key areas we want to see in your grant proposal:

- Addressing a need to meet the spiritual well-being of those we serve.
- Changing lives: your proposal makes an impact. It empowers, it gives hope, it offers compassion and nurtures the potential of the people you support.
- Advancing the formation of individuals through educational opportunities.

#### GRANT DETAILS | MAXIMUM DIBURSEMENT - \$30,000 per year

Up to \$7,500 if you're grant proposal will meet a need in the lives of the people you support. Your submission is thought out, from how and who will make it happen, how much it will cost, and most importantly, how it will have strong and lasting impact on the people you support.

#### THE PROPOSAL SUBMISSION PROCESS

Each organization can submit one proposal annually for Whole Person Care as well as for the Spiritual Care Development. Grant proposals must be submitted through the CEO or Executive Director, who will submit to IHCAM.

STEP ONE - Think of a program, idea, or educational opportunity

**STEP TWO** – Gathering the following information:

- What need will this meet?
- Why is this a good time to address this need?
- How will it positively affect:
  - The people you support?
  - The people you work with?
  - Or yourself as a spiritual carer?
- Who, in your organization will be involved?
- Who will be responsible for moving the project/program forward?
- Where is this going to take place?
- How much will it cost?

**STEP THREE** - (Optional) – Test Your Idea with IHCAM'S executive Director, Julie Turenne-Maynard (jtmaynard@cham.mb.ca) who is available to help you elaborate your proposal in the best way possible.

**STEP FOUR** - Fill in the proposal form and send it to your CEO or Executive Director for submission. If you are the CEO submitting the proposal, send it director to Julie Turenne-Maynard.

IHCAM's Executive Committee will look at the criteria to determine if your proposal is a good fit for the Spiritual Grant.

#### **GRANT REVIEW AND APPROVAL**

Grant applications will be reviewed two times per year: March 15th and September 15th.