

End of Life Choices Workshop

January 8th, 2018

8:30 a.m. to 3:30 p.m.

St. Boniface Cathedral—Lower Level 190, avenue de la Cathédrale, Winnipeg

A full-day workshop has been planned by the St. Boniface Hospital Spiritual Care Department's CPE Program, the Catholic Health Association of MB and the Interfaith Healthcare Association of MB.

TARGET AUDIENCE Spiritual Care Practitioners, Pastors/Clergy, Social Workers, Ministry of Care/Pastoral Care Workers & Volunteers

Morning Session - Medical Assistance in Dying (MAID)

Facilitator: Mary Holmen

- ♦ outline of the current situation on MAID and how we got here;
- ♦ identifying theological & pastoral issues with MAID;
- ♦ ethical principles;
- ♦ information on provision of MAID in Manitoba;
- ♦ roles as health care providers/pastors/Spiritual Care practitioners;
- ♦ conscientious objection;
- ♦ resources needed to do our work.

Afternoon Session - Compassionate Care at End of Life

Facilitators: Glen Horst
Fred Nelson
Micheline St-Hilaire & Dawn MacDonald

- ♦ an interactive session on the subject of suffering;
- ♦ palliative care;
- ♦ mindfulness self-compassion.

To register on-line:

visit www.cham.mb.ca or www.ihcam.ca

SBH CPE Students, CHAM & IHCAM Members - Free
General public—\$40.00 includes lunch & beverages

For more information: Julie Turenne-Maynard 204.235.3136

Location: Lower Level of St. Boniface Cathedral
190 avenue de la Cathédrale

Mary Holmen

B.A, M. Divinity Theology/Theological Studies

Mary is the former Interfaith Chaplain and former Chair of the Selkirk Mental Health Centre Ethics Team. She is an Anglican priest and currently an Honorary Assistant and the Pastor of Parish Caring Ministries at St. Peter's Anglican Church in Winnipeg. She is also a Certified Spiritual Care Practitioner and a Certified Supervisor-Educator of Clinical Pastoral Education with the Canadian Association for Spiritual Care.

Rev. Dr. Glen Horst

M. Div, DMin, BA

In his 22 years of work as a spiritual care provider and educator in long-term care, Dr. Horst has regarded the end of life as a time full of spiritual opportunity and need. He has helped patients and families find their spiritual depths and mentored students, health care workers, community spiritual leaders and volunteer caregivers. As a member of the Collegial Development and Peer Review Group, Dr. Horst assisted in the development of the Pallium Project's *Developing Spiritual Care Capacity for Hospice Palliative Care*.

Fred Nelson

MSW, RSW

With close to thirty years of experience in the palliative care community as a clinician, consultant, and teacher, Fred has comprehensive knowledge of the issues and challenges facing both individuals and families living with terminal illness. Fred currently holds the position of Psychosocial Program Specialist with the Winnipeg Regional Health Authority Palliative Care Program. Created in 2004, this position includes providing counseling services to individuals and families coping with terminal illness and grief; providing consultation and support to members of the palliative care team; and continuing development of a model for the delivery of integrated psychosocial services throughout the region.

Micheline St-Hilaire & Dawn MacDonald

MBA, M.Sc. Family Studies

MSW, RSW

In 2010, Micheline St-Hilaire and Dawn MacDonald, were tasked by the Catholic Health Corporation of Manitoba to search the world and find contemporary ways to co-create the conditions for compassion to flourish in health and human service.

Deep in their hearts, both knew that when people enter into this work, they do so as an expression of their own commitment to and belief in common humanity. Out of this belief was founded the Compassion Project where they offer world-renowned and evidence-based programming that invites us to put away our devices and work with our original technology - our minds, hearts, and bodies.



Interfaith
Health Care
Association
of Manitoba



Hôpital St-Boniface Hospital

